**Superior Nutrition**

Chlorella is an amazing, natural source of wide-ranging, potent nutrition. Here is a list of some of the nutrients in this product:

- **Protein** is essential for growth and energy; it builds hormones, enzymes and tissues.
- **Vitamin C** is an antioxidant and a required part of many metabolic functions.
- **Thiamin** or **B-1** enhances circulation and digestion. **Riboflavin** or **B-2** is responsible for red blood cell formation and cell health.
- **Vitamin B-6** supports mental and physical health. **B-12** assists the body’s folic acid in regulating red blood cells and utilizing nutrients. **Magnesium** helps the enzymes function and supports energy. **Iron** builds muscles and helps in the immune process.
- **Potassium** is part of a healthy nervous system and a regular heartbeat. **Chlorophyll** cleanses the blood of impurities and builds up the blood with nutrients. **Chlorella Growth Factor** increases growth and RNA/DNA functions, increasing vitality and strengthening the body.

**Superior Chlorella**

Chlorella grows all over the world, and there are many different varieties—at least 42 species. But no other micro-algae has the nutritive value of **Chlorella pyrenoidosa**, the specific type grown on the coral reef island of Ishigaki, Japan. Source Naturals chose a particular supplier for its **Yaeyama Chlorella** product for the benefits of where it is grown and the care taken to assure its purity. **Yaeyama Chlorella** is rigorously tested by the Japanese government. The fresh water chlorella location that Source Naturals chose is a pristine coral reef island; the chlorella is grown in natural sunlight, not in tanks, not with artificial light.

Those natural surroundings make a huge difference in the chlorella’s potency.

In studies published by Japan Food Research Laboratories and Yaeyama Product Research Laboratories, for every 100 grams, outdoor-cultivated chlorella had 4 grams more protein, 1.5 grams more chlorophyll, 10 grams more C.G.F., 50 micrograms more beta carotene, and 200 micrograms more carotenoids than tank-cultivated chlorella.

**Wellness Revolution**

Part of joining the Wellness Revolution is taking advantage of the superior, life-enhancing nutrients available. This supplement, a powerhouse of energy and nutrients, is an excellent alternative protein source and a legendary way to supply your body with important vitamins and minerals.

**References**


Yaeyama Chlorella
Superfood from Japan

**Yaeyama Chlorella** is a powerhouse of nutrients—a complete vegetarian protein with all the essential amino acids. It has carotenoids, minerals, and vitamins that energize you while supporting your immune system and digestive process. It literally affects every cell in your body with its unique combination of nutrients, while at the same time, it cleanses your body of toxins.

Chlorella Growth Factor actually revitalizes the cells of your body—enhancing your DNA and RNA. Chlorophyll is a natural detoxifier, and chlorella contains more than any plant on Earth.

Chlorella is a micro-algae from the coral reef island of Ishigaki, Japan, and has been a popular superfood in Japan for decades. In the West, we’ve only begun to learn of its life-enhancing benefits.

Source Naturals invites you to experience the revitalizing energy of one of the most ancient and nutritious plant forms on Earth.
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References