

Emerald Garden™ Organic Chlorella

Nature's Superfood



In the shrouded mists of time, a billion years ago, a single-celled, fresh-water cellular life form emerged. This green alga—called chlorella—was the first organism on Earth to have a cell structure with a membrane-enclosed nucleus, called a eukaryotic cell. Photosynthesizing its energy from the sun and efficiently producing nutrients within its own cell membrane, this life form has flourished for eons. Millions of years later, humans would discover its riches.

Chlorella is a powerhouse of nutrition—a vegetarian protein containing 90 percent of the essential amino acids. It is a natural source of chlorophyll (containing up to 7 percent chlorophyll). It also contains carotenoids, minerals, essential fatty acids, and vitamins that energize while supporting the immune system. It is unique in that it not only nourishes the body with its complex array of nutrients, but it simultaneously cleanses the body of toxins. Rare are foods that add the good while taking away the bad.

Source Naturals invites you to experience the revitalizing energy and purity of one of the most ancient and nutritious foods on Earth, now in Certified USDA Organic form.



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EMERALD GARDEN™ ORGANIC CHLORELLA is grown on the island of Hainan, off the coast of Southeast Asia. This warm, lush tropical island is the perfect locale for growing and harvesting chlorella. Although chlorella has been a popular superfood in Japan for decades, in the West researchers have only recently begun to study its life-enhancing benefits.

Chlorella's wide-ranging benefits have been shown to support four of the twelve deep metabolic SystemiCare™ systems: Cells/DNA, Circulation, Blood Sugar Regulation, and Immunity.

Superior Nutrition

Chlorella is called a superfood for very good reasons. For one, it is a natural source of vegetarian protein. Among its nutrients are: Protein (55-60 percent of chlorella is protein), vitamin A, thiamin or B-1, riboflavin or B-2, vitamin B-6, vitamin B-12, magnesium, carotenoids, and potassium. It contains essential fatty acids, fiber, and Chlorella Growth Factor (CGF). The broad range of nutrients provides many with a feeling of energy and vitality.

CGF is the natural peptide in chlorella that helps it grow. It has been shown that the tissues in the cell wall of chlorella have a natural fixative power so they bind with heavy metals like mercury and cadmium, helping the body cleanse itself. The essential fatty acids in chlorella play a part in cell metabolism, as well as joint, heart, and brain health.

More specifically, in clinical studies chlorella has been shown to increase cellular health; it stimulates the immune system by increasing the number and activity of macrophages and polymorphonuclear leukocytes and it has been shown to help lower the body's cholesterol absorption. It has also been shown to contribute to



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heart and circulatory health, as well as to support the body in maintaining healthy blood sugar levels. Finally, clinical studies show that chlorella is an effective antioxidant that helps rid the body of free radicals.

Superior Chlorella

Chlorella, a one-celled alga, grows all over the world, and there are many different varieties—at least 42 species. Source Naturals chose this chlorella because of its highly rigorous growing standards. It is grown in the open air in natural sunlight, not in tanks. It is a broken-cell wall chlorella, a processing step that makes the nutrients more bioavailable. It is cultivated under strict USDA Certified Organic regulations, ensuring a superior form of non-GMO chlorella that is free of pesticides and contaminants. The tablets are 100% pure organic chlorella with no fillers or binders.

Wellness Revolution

The Wellness Revolution offers individuals the tools to take charge of their health. One way to join the Wellness Revolution is taking advantage of the superior, life-enhancing nutrients available to you. This supplement, a powerhouse of energy and nutrients, is an excellent alternative protein source and a legendary way to supply your body with important vitamins and minerals.

References

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