



Reach Your Maximum Muscle Potential

The serious athletes of today know how much it takes to fulfill their competitive goals: careful training, a strong will, and also the right kind of nutrition. Sports science now makes available key nutrients which help assure that strenuous workout regimes will show results. Results that are both nutritionally sound and dramatically visible, without the need for dangerous steroids or chemicals. MUSCLE MASS™ is such a state-of-the-art sports science formula.

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THE PURPOSE OF MUSCLE MASS™ is to help translate distant goals for greater strength and power into quicker, awesome reality. It is the premier formula combining all essential nutrients known to maximize muscle development and optimize strength.

- **Gamma Oryzanol:** This safe, natural rice bran extract, heavily researched in Japan since the 1950s, is rightfully winning raves among athletes who have discovered its startling developmental properties.

- **Ornithine:** Celebrated by the *Life Extension* and *Eat to Win* books, this free-form amino acid also has noticeable building effects, and in addition, adds tone and definition to the results.

- **Lipotropic Factors:** Helping to turn excess fats into energy quickly are L-Carnitine, L-Methionine, Choline, and Inositol.

- **Branched Chain Amino Acids:** L-Leucine, L-Isoleucine, and L-Valine

protect muscles during stressful exertion by providing extra nitrogen and energy.

- **Special Herbs:** Chosen from both the American and Chinese herbal traditions for their building and energizing qualities are Saw Palmetto, Ginseng, and others.

- **Co-Nutrients:** For the oxygenating, transporting and catalyzing contributions are included Glycine, B-5, B-6, Betaine, and Licorice Root.

In sum, all these balanced, cutting-edge factors combine to assist you in meeting the challenges you've set for your body. Power, endurance, strength, tone, and the winner's circle are now closer at

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