



## PRESS RELEASE

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### **Source Naturals Introduces Wellness Breathe Free™**

*African Plant Eases Seasonal Maladies*

**SCOTTS VALLEY, Calif. – January 11, 2010** – With such a small, delicate flower, it's hard to believe that such a plant would have so much power, but the South African geranium has been used for centuries to support upper respiratory health.

Wellness Breathe Free features *Pelargonium sidoides*, the South African geranium. The plant has been studied extensively in Germany and Europe, and is now exciting much interest in North America.

Long unknown in the West, the African *Pelargonium* is gaining attention for its ability to support respiratory health. Many report that this fascinating plant helps them maintain upper respiratory health and well-being.

Source Naturals National Science Educator Guy Devin, Ph.D. says, "The method of action in this plant is from components found in the roots of the plant. In them, there is a powerhouse of amino acids, vitamins and minerals."

Oils from the plant have been found to have 230 components, some of which haven't even been identified by researchers yet.

Wellness Breathe Free is available for \$11.98 for 4 fluid ounces, \$21.98 for 8 fluid ounces. To learn more about Source Naturals and Wellness Breathe Free, as well as to find purchase locations, visit [www.SourceNaturals.com](http://www.SourceNaturals.com).

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#### **About Source Naturals**

Founded in 1978, Source Naturals is committed to enhancing individuals' potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit [www.SourceNaturals.com](http://www.SourceNaturals.com).