



PRESS RELEASE

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Source Naturals Introduces Wellness FluGuard™ *Powerful Homeopathic Remedy*

Scotts Valley, California – January 14, 2009 – Source Naturals is pleased to introduce the latest addition to the Wellness Family of natural products - Wellness FluGuard, a homeopathic remedy. Protecting health and wellness is vital and requires the best in self-care, especially during colder seasons. Wellness FluGuard is formulated utilizing the latest scientific research and the purest ingredients nature has to offer, providing an exceptional health maintenance product.

Influenza is a highly-infectious viral illness affecting one billion people per year worldwide. Source Naturals National Science Educator Guy Devin, Ph.D. states, "The key to prevention and treatment of flu is strengthening the immune system and alleviating symptoms." A healthy immune system is the best line of defense against the flu. Homeopathic remedies achieve that, having stood the test of time. Today, they are used around the world as standard flu remedies.

This comprehensive formula is designed to relieve common symptoms such as body aches, fever, headaches and sore throat. The homeopathic mixture includes *Anas Barbariae* for muscle pain and headache; and *Influenzinum* for controlling flu outbreaks. Other potent ingredients are *Aconitum Napellus* for head and throat pain and sweats; and *Eupatorium Perfoliatum* for achy bones and eye pain. Wellness FluGuard also contains *Veratrum Viride*, which decreases phlegm, nausea and dizziness; *Kreosotum* for chills and chest cough; and *Gelsemium* for fever and to aid sleep. These ingredients work together naturally to alleviate symptoms gently and thoroughly, according to homeopathic principles.

Source Naturals Wellness FluGuard meets the high criteria of homeopathic formulas due to its careful formulation, natural principles and purity of ingredients. It belongs as a staple in the medicine cabinet to safeguard family health throughout the year.

To learn more about Source Naturals and Wellness FluGuard, as well as to find purchase locations, visit www.SourceNaturals.com.

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About Source Naturals

Source Naturals is committed to enhancing individual potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit <http://www.sourcenaturals.com>.