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Source Naturals Introduces GlycoCarn® GPLC

Fuels the Body's Energy

Scotts Valley, CA – As we age, the body's natural energy-producing systems shut down. However, a natural compound, carnitine, helps maintain cellular energy function, offering increased stamina and energy.

GlycoCarn® GPLC helps the body burn dietary fat for energy. This particular form of carnitine (Propionyl-L-carnitine) supports the mitochondria while shuttling fats to be burned as fuel. The glycine further supports energy production.

Source Naturals National Science Educator Tony Lucchesi says, "Carnitine refers to a number of natural compounds that are similar to amino acids but resemble vitamins in function. Carnitine aids fatty acid metabolism by shuttling organic acids, both long-chain fatty acids as well as small acetyl and propionyl side groups, into the mitochondrial membrane, where fats are broken down as fuel for energy production in the cells."

Lucchesi says that the main benefit of GPLC is for heart health, although many athletes appreciate its benefits. "GPLC supports energy production for heart and cardiovascular function, musculo-skeletal health and muscular oxidation of fats." He further explains, "Approximately 90 percent of the body's carnitine resides in the skeletal muscles, which is why it is a well known nutrient for athletes. Propionyl-L-carnitine has a high affinity for muscular carnitine transferase, which leads to an enhanced uptake by muscle fibers."

Source Naturals is committed to enhancing individual potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit <http://www.sourcenaturals.com>.

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Photos available for this release:

Source Naturals Introduces GLYCOCARN(R) GPLC - Fuels the Body's Energy

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