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## **Source Naturals Introduces Mag Active™**

### **New, Convenient Source For Absorbable Minerals**

**Scotts Valley, CA** - Many Americans may lack the essential minerals necessary for optimum health. For reasons such as food processing or depleted soils, most American diets do not contain the full range of important minerals, particularly trace minerals, needed for highest function. On the other hand, many of us take vitamin supplements which cover the "star" minerals, but often overlook the trace minerals.

Source Naturals Mag Active™ is a magnesium and trace mineral liquid concentrate that replenishes a wide range of minerals in the body, supporting enzyme function, activation of nutrients, and almost all of the body's biochemical processes.

Magnesium alone is responsible for over 300 enzyme processes in the body. It supports the heart, brain and bones, and may relieve muscle tension and stress.

Mag Active™ is available in convenient 4 ounce or 8 ounce bottles. One half teaspoon twice a day supplies the minerals necessary for optimum health.

Source Naturals spokesperson Tony Lucchesi says, "Mineral supplements come in three forms, chelated, colloidal, and ionic. Source Naturals chose the ionic form because they are immediately absorbed into the body."

The trace minerals come from the Great Salt Lake in Utah, from a source undiluted by snow runoff. The mineral-rich water is purified and concentrated, and the natural sodium is removed. Lucchesi says, "The process is so complete that these minerals may be used by people on sodium-restricted diets."

Source Naturals is committed to enhancing individual potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit <http://www.sourcenaturals.com>.

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Photos available for this release:

Source Naturals Introduces Mag Active™ - New, Convenient Source For Absorbable Minerals

To view photos, go to [www.enr-corp.com/pressroom](http://www.enr-corp.com/pressroom) and enter Release ID: 160448