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FOR IMMEDIATE RELEASE

SOURCE NATURALS INTRODUCES PINESLIM™

Pinolenic Acid for Natural Appetite Control

Scotts Valley, California— Source Naturals offers you a new option in safe, natural weight management. A normal body fat level is one of the factors associated with many markers of good health, including insulin efficiency, healthy inflammation response, good circulation, and normal cell regeneration.

Source Naturals PineSlim is a Korean pine nut oil ((PinnoThin™). A small-scale study suggests that PineSlim may reduce feelings of hunger by increasing concentrations of the satiety hormones glucagon-like peptide-1 (GLP-1) and cholecystikinin (CCK). For best results, PineSlim should be taken while following the Maximum Metabolism Weight Loss Plan™ enclosed in every bottle.

Source Naturals spokesman Tony Lucchesi says, “Pinolenic acid, which is a fatty acid found only in pine nut oil, is believed to work by increasing the concentrations of these hormones that suppress appetite.”

In a randomized, double-blind trial, 18 overweight women received 3.00 grams of Korean pine nut oil (PinnoThin™)—the same amount as one daily dose of PINE SLIM—or an olive oil placebo before a carbohydrate meal. Hormone measures of CCK and GLP-1 were taken from blood samples, and subjective measures of appetite were recorded.

The study demonstrated “a significant increase in the appetite-suppressing hormones and a feeling of fullness 30-60 minutes after taking the pine nut oil,” Lucchesi says.

PineSlim addresses one of the most basic of the dozen deep metabolic systems identified by Source Naturals as critical to optimal health: Hormones/Metabolism.

Source Naturals is committed to enhancing individual potential to enjoy optimal health and well-being by providing superior quality dietary supplements and nutritional education. For more information or purchase locations, please visit <http://www.sourcenaturals.com>.

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