

# VISUAL EYES™

Multinutrient Complex with Bilberry, Lipoic Acid and Lutein

There's more to good vision than meets the eye. Our eyes are extremely complex in their structure and function.

VISUAL EYES supports optimal eye function by influencing the multiple systems that affect vision: the brain and nervous system, antioxidant defense including macular and lens protection, liver, heart and circulation.



ACTION

CONTENT

	Antioxidant Defense: Fat Soluble	Antioxidant Defense: Water Soluble	Macular Protection	Brain & Nerves	Liver & Glutathione Generation	Heart & Circulation
ACTION	Eye tissue, which is very delicate and rich in fatty acids, is particularly prone to the effect of free radicals. Thus, <b>fat-soluble antioxidants, which can neutralize free radicals, provide protection for the eye.</b>	The eye also has aqueous tissue that is better protected by water-soluble antioxidants, particularly Plantioxidant™ bioflavonoids. Bilberry and grape seed extract may stabilize circulation to the eye's network of tiny blood vessels. Quercetin may inhibit the enzyme, aldose reductase, which is associated with increased fluid in the eye. High levels of vitamin C in the eye may <b>provide antioxidant protection to the lens, cornea, and retina.</b>	Vision involves light being focused through the lens onto the retina. The macula, or center of the retina, receives the most light. However, light is a powerful free radical generator. When it strikes the fatty acids of the macular region, oxidation may occur. Lutein, a potent antioxidant concentrated in the macula, helps <b>maintain the integrity of the macula and of the blood vessels that supply the macular region.</b>	Brain and nerve cells and their function can be affected by a toxic and stressful environment and the effect of aging. <b>Optimal signal transmission within the eye's nerve network is crucial for proper eye function.</b>	The liver is critical in a polluted world. It cleanses, detoxifies, and is the major organ of metabolism. <i>N</i> -acetyl cysteine is the rate-limiting precursor for glutathione production in the liver. Glutathione is an important free radical scavenger, which helps <b>prevent oxidation in cell membranes of the eyes.</b>	Circulation to the small blood vessels that nourish the eye is of key importance. This is particularly relevant to the vessels that <b>supply the macula (central) area of the retina, where visual perception is most acute.</b>
CONTENT	alpha-Lipoic Acid, Lutein, Vitamins A & E, Beta Carotene	Bilberry, <i>N</i> -Acetyl Cysteine, Ginkgo Biloba, Grape Seed, alpha-Lipoic Acid, Quercetin, Selenium, Zinc, Vitamin C	Bilberry, Ginkgo Biloba, Lutein	Bilberry, Ginkgo Biloba, Grape Seed, alpha-Lipoic Acid, Lutein, Taurine, Vitamins A, B-2, B-3 (Inositol Hexanicotinate), & C, Inositol (Inositol Hexanicotinate)	<i>N</i> -Acetyl Cysteine, alpha-Lipoic Acid, Copper, Selenium, Zinc, Vitamins B-2 & C, Inositol	Bilberry, Ginkgo Biloba, Grape Seed, Lutein, Chromium, Magnesium, Vitamins C & E, Beta Carotene

