

ULTRA-CAL NIGHT™

Comprehensive Bone Support

Most people think the key to healthy bones is a large intake of calcium, but the picture is much more complicated than that. ULTRA-CAL NIGHT influences multiple body systems involved with skeletal formation and maintenance, including bone synthesis, hormonal regulation, and calcium absorption and balance.



	Bone Synthesis: Mineral Building Blocks	Bone Synthesis: Organic Matrix	Hormonal Regulation	Calcium Absorption	Calcium Balance
ACTION	Bone is living tissue and requires a continuous supply of nutrients for the rebuilding process. Most bone mineral mass is composed of calcium. However, other trace minerals are necessary for proper bone growth and the deposition of calcium in bone.	The organic matrix of bone is a specialized form of dense connective tissue, composed of collagen, non-collagen proteins and proteoglycans. Ultra-Cal Night includes nutrients to support connective tissue synthesis.	Estrogen levels have a dramatic impact on bone mass. The soy isoflavones, genistein and daidzein, and the mineral, boron, support estrogenic activity.	Certain forms of calcium are more easily absorbed and are utilized more effectively in bone mineralization. Some nutrients enhance the absorption of calcium.	An optimal balance between calcium absorption and calcium loss is essential for bone health. Lifestyle factors such as excess caffeine consumption and a high-animal protein diet lead to urinary excretion of calcium. Some nutrients help prevent calcium loss in the urine.
CONTENT	Calcium, Copper, Magnesium, Manganese, Silica, Zinc	Copper, Manganese, Silica, Zinc, Vitamins B-6 & C, Folic Acid	Soy Isoflavones (Genistein & Daidzein), Boron, Magnesium, Vitamin D	L-Lysine (HCl), Calcium Citrate, Calcium Malate, Magnesium, Vitamin D	Boron

