

HEART SCIENCE™

Comprehensive Cardiovascular Support

Achieving heart health requires more than cutting back on fatty foods, important though that may be. Heart Science addresses interrelated systems and functions that affect cardiovascular health: energy generation, homocysteine regulation, electrical rhythm, antioxidant protection, and blood vessel integrity.



	Energy Generation	Homocysteine Regulation	Electrical Rhythm Maintenance	Cholesterol Regulation & Antioxidant Defense	Blood Vessel Integrity
ACTION	Every day, the heart beats about 100,000 times, pumping over 8,000 liters of blood through the body. It requires immense energy to perform efficiently. The following ingredients provide vital support for heart muscle metabolism and help maintain energy requirements.	Preventing an undesirable buildup of homocysteine levels may help support the integrity of arteries . In order to help regulate homocysteine levels, it is critical to provide the body with sufficient amounts of the following vitamins.	Three nutrients, magnesium, potassium and taurine, work closely together in the body to help maintain the normal electrical rhythm of the heart and promote proper fluid balance.	Most people are aware that maintaining normal cholesterol levels is critical. However, halting the oxidation of cholesterol is also crucial. Oxidized cholesterol, a harmful, unstable molecule, affects the integrity of arteries. Antioxidants neutralize destructive free radicals and support cardiovascular health by halting the oxidation of cholesterol .	Both arteries and tiny capillaries must stay flexible and elastic in order to properly carry the blood that nourishes each cell. The following ingredients help maintain the tone of blood vessels, and supply structural components, such as collagen and elastin , that make up the tissue of the vessels.
CONTENT	Carnitine, Coenzyme Q10, Magnesium, Potassium, Vitamins B-1, B-3, B-6 & B-12, Inositol Hexanicotinate	Vitamins B-6 & B-12, Folic Acid	Hawthorn, Taurine, Magnesium, Potassium	Coenzyme Q10, <i>N</i> -Acetyl Cysteine, Grape Seed, Hawthorn, Chromium, Selenium, Vitamins C & E, Beta Carotene, Inositol Hexanicotinate, Niacin	Bromelain, <i>N</i> -Acetyl Cysteine, Glucosamine, Grape Seed, Hawthorn, L-Lysine, L-Proline, Silica, Copper, Vitamins C & E, Beta Carotene

